

Psychological Foundations of Developing a Sense of Humanity in Young Students

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Abstract

This article is about the moral feelings of the person and the factors of their development in students, the sense of humanity and its social importance. It was discussed about turning humanitarianism, which is considered a moral feeling in students, into life habits.

Keywords: Moral feeling, morality, humanity, teenager, value, duty, student period.

Introduction

Since ancient times, the Uzbek people have embodied the affection and kindness, tenderness and goodness. Our people have been providing all-round care and support to the needy person and family, disabled people, and people who have lost their breadwinners. Virtues such as kindness, tolerance, respect for elders, honor to the children are deeply embedded in the daily work of our people. These human qualities are a complex of moral feelings within the Lofty Emotions, and these feelings develop in a person at each psychological age. Moral feelings express a person's relationship to other people, the community and his social duties. When a person experiences these feelings, he evaluates other people's behavior or mental characteristics and his own behavior based on a certain morality, that is, a set of social moral rules and norms. One of the leading moral feelings of a person is a sense of duty. This feeling is also forgiven when a person realizes that he should act in the interests of the narrow community (family, school, production enterprise) in which he lives and works. A person not only knows and understands what his social duties are, but also feels the need to fulfill them. In people's lives and activities, friendly relations based on mutual assistance, solidarity, aspiration and unity of interests arise. In the development of the sense of comradeship, the attitude to work has a decisive importance. The highest peak of comradeship is manifested in the feeling of friendship. The feeling of friendship is appeared in kindness to a friend, seeing him, talking to him, sharing his thoughts and feelings with him. The feeling of true friendship is associated with a high demand for a friend. Helping to correct mistakes and shortcomings is an important moral feeling close to friendship. Love is the moral and psychological basis of marriage and family in society.

Humaneness is a person's deep understanding (knowing) of moral standards and unconditional adherence to them. The feeling of humanity becomes a person's personal views, beliefs and principles that determine the usual forms of behavior.

The student period consists of the second stage of adolescence, includes 17-22 (25) years and is characterized by a number of unique features and contradictions. Therefore, the period of adolescence begins with the realization of a person's social and professional status. At this stage, the teenager experiences a kind of emotional crisis or tension, including the desire to



quickly fulfill the roles of adults in various forms (whether he likes it or not), starts getting used to the new aspects of life. The process of transition to the lifestyle of adults causes internal contradictions related to the characteristics of a person's development. [4] The student period is distinguished by its many psychological characteristics. They have short-sightedness and carelessness, but humanity, conscience, responsibility and moral maturity are much higher than in adolescence. A student life is the most favorable period for turning moral qualities into life habits. Taking this into account, it is necessary to pay special attention to the presence and correct approach of moral norms, universal qualities in the life of students, in the process of education and in the process of communicating with them in the family. Along with social factors, goal-oriented education plays an important role in the formation of the idea of humanity in students. It should not be forgotten that the student's activities aimed at self-improvement are also important factors. Activities are the actions that the student is engaged in. All-round development of the student, his attitude to existence is formed in the process of his activity. The main type of student activity is studying, in which the development of the idea of humanity depends on the correct organization of this type of activity and its purposeful orientation. The spiritual image of a person develops in the process of education and during his whole life. The signs of striving for good deeds, which are manifested in the child's behavior at an early age, that is, wonderful qualities such as helping others, being loyal, bravery, courage, are the basis of human qualities that will be included in them later. As a person grows biologically and psychologically, the quality of his moral views and categories also improves. Therefore, the role of the teacher in the formation of the idea of humanity in the minds of students is incomparable. If the teacher shows a personal example, it can be one of the important factors in the development of moral qualities in students and its transformation into a life value. In addition, taking into account the fact that students are very active in social networks, which have rapidly entered the life of mankind, it is necessary to direct students to the correct and beneficial use of social networks. It is necessary to give the necessary knowledge to the students about the meaning of all the most valued moral qualities in the person and their importance in the human lifestyle - continuously in the family, in the educational institution, and through the mass media.

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