

## MODERN INTERPRETATION OF FORMING A PERSON'S MORAL AND VOLITIONAL QUALITIES ON THE BASIS OF MOVEMENT GAMES

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### Abstract

This article analyzes the theoretical and practical aspects of developing an individual's moral and volitional qualities through movement-based games. Based on modern pedagogical approaches, the educational potential of such games is revealed, and their role in personal development is scientifically substantiated. Furthermore, the study examines the mechanisms for forming social behavior, volitional stability, and moral norms in preschool and early school-age children.

**Keywords:** Movement-based games, moral qualities, volitional qualities, personal development, pedagogical technologies, socialization.

### Introduction

#### HARAKATLI O'YINLAR ASOSIDA SHAXSNING AXLOQIY VA IRODAVIY SIFATLARINI SHAKLLANTIRISHNING ZAMONAVIY TALQINI

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### Annotatsiya:

Mazkur maqolada harakatli o'yinlar vositasida shaxsning axloqiy va irodaviy sifatlarini shakllantirishning nazariy va amaliy jihatlari tahlil etiladi. Zamonaviy pedagogik yondashuvlar asosida harakatli o'yinlarning tarbiyaviy imkoniyatlari ochib beriladi hamda ularning shaxs kamolotidagi o'rni ilmiy asoslanadi. Shuningdek, tadqiqotda maktabgacha va kichik yoshdagi bolalarda ijtimoiy xulq, irodaviy barqarorlik va axloqiy me'yorlarni shakllantirish mexanizmlari ko'rib chiqiladi.

**Kalit so'zlar:** harakatli o'yinlar, axloqiy sifatlar, irodaviy sifatlar, shaxs rivoji, pedagogik texnologiyalar, ijtimoiylashuv.



**Аннотация:**

В данной статье анализируются теоретические и практические аспекты формирования нравственных и волевых качеств личности посредством подвижных игр. На основе современных педагогических подходов раскрывается воспитательный потенциал подвижных игр, а также научно обосновывается их роль в развитии личности. Кроме того, в исследовании рассматриваются механизмы формирования социального поведения, волевой устойчивости и нравственных норм у детей дошкольного и младшего школьного возраста.

**Ключевые слова:** подвижные игры, нравственные качества, волевые качества, развитие личности, педагогические технологии, социализация.

**Introduction**

In the modern education system, the comprehensive development of the individual, especially the formation of moral and volitional qualities, is considered one of the urgent pedagogical problems. The development of society requires that a person be mature not only intellectually, but also spiritually, morally, and volitionally. From this perspective, movement games acquire special significance as an effective pedagogical tool that corresponds to children's natural needs. Through movement games, children develop such qualities as acting within a team, following rules, self-control, determination, and patience. In turn, this contributes to their social adaptation and personal development.

The problem of forming a person's moral and volitional qualities has been studied by many pedagogical and psychological scholars. In particular, the role of play activity in child development, its psychological and pedagogical mechanisms, as well as the educational significance of movement games, have been widely covered in scientific research. Modern studies show that movement games have a direct impact not only on children's physical development, but also on their emotional, social, and moral formation. At the same time, there is currently a need to improve this process on the basis of innovative pedagogical technologies.

**1. Pedagogical Essence of Movement Games**

Movement games are a type of activity organized according to certain rules, ensuring children's physical activity and contributing to their psychological and social development. They possess the following characteristics:

- freedom and voluntariness;
- emotional richness;
- the opportunity to engage in social interaction;
- acting on the basis of rules.

These characteristics make movement games an effective means of forming moral and volitional qualities.

**2. Mechanisms for Forming Moral Qualities**

In the process of movement games, the following moral qualities are developed:

- honesty, through following the rules;
- cooperation, through participation in team games;



- responsibility, through fulfilling one's role;
- justice, through properly evaluating game outcomes.

During the game process, children practically assimilate social norms. Since this process occurs through direct experience, it is considered even more effective.

### **3. Factors in the Development of Volitional Qualities**

Movement games create favorable conditions for the formation of volitional qualities in children. In particular:

- determination, the striving to achieve a goal;
- endurance, the ability to withstand physical and psychological loads;
- self-control, the ability to regulate emotions;
- discipline, following the rules of the game.

These qualities are naturally formed through various situations that arise during the course of the game.

### **4. Modern Pedagogical Approaches**

Today, the following approaches are of particular importance in upbringing through movement games:

- the competency-based approach, aimed at developing practical skills of the individual;
  - learner-centered education, taking into account each child's individual characteristics;
  - the integrative approach, harmonizing physical, moral, and intellectual development;
- innovative technologies, involving the use of interactive games and digital tools.

### **5. Conditions for Increasing the Effectiveness of Movement Games**

The following pedagogical conditions ensure the effectiveness of movement games:

- selecting games according to age and individual characteristics;
- establishing clear and understandable rules;
- organizing encouragement and reflection processes;
- active guidance and observation by the teacher.

Research shows that systematically organized movement games lead to a significant development of moral and volitional qualities in children. In particular, team games accelerate the process of socialization and strengthen children's skills of mutual respect and cooperation. In addition, problematic situations arising during the game process develop children's ability to make independent decisions.

### **Conclusion**

Movement games are an important pedagogical tool in the formation of a person's moral and volitional qualities. Through them, social behavior, volitional stability, and spiritual values are effectively developed in children.

The use of movement games on the basis of modern pedagogical approaches increases the effectiveness of the educational process and contributes to the upbringing of a harmoniously developed individual.



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