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# The Role of Acmeological Approach Fundamentals in Professional Training Activities of Future Teachers

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#### **Abstract**

The article covers theoretical and methodological approaches to acmeology, which are growing in the conditions of educational systems and are aimed at the highest achievements in the holistic development of adults. It was also thought about the fact that the creative abilities of future teachers are studied acmeologically and the process of growing a mature teacher's personality, an expert in his work, is very complex pedagogical and psychological processes.

**Keywords**. Acmeological approach, creative abilities of future teachers, research, innovative pedagogical activity, professional skills, development.

#### Introduction

Today, in the development of market relations, the formation of new professions and the training of mature specialists who meet the requirements of the time remain one of the urgent issues. A creative complex approach to the processes of globalization, in the analysis of the views of scholars and thinkers about professional culture, perfection and perfection, the aspects specific to national and universal human values and modern experience, as well as the issues of mastering technology, technology and information culture can become one of the objects of acmeology.

It is impossible to fully achieve a specific goal, such as skilled and intelligent people with modern and intellectual knowledge, mature specialists of their profession, and skill holders, rather than technologies with many new possibilities. Gaining long-term experience, building skills and qualifications aimed at human perception, intelligence, and human professional skills is the main factor of long-term priority activity of any organization.

In this century, the most advanced companies attach special importance to training their personnel based on modern knowledge, improving their skills, creating conditions for their work and working as a whole team. Young people are entering work based on their specialties, but their qualification indicators it requires long-term practical processes in order to increase their knowledge and talent accordingly. The research object of acmeology is "acme" - a person, that is, a mature person, based on objective laws, in the process of studying the methodological, technological and humanitarian aspects of professional activity and creative activity, the profession is related to the material and spiritual aspects of the development of society. determines the acmeological problem.

With the help of acmeological approach, taking into account various aspects of personnel retraining and improving their qualifications, the problems of opening and developing the creative abilities of qualified specialists are coming to the fore. In this regard, the education system pays a lot of attention to the personality of the teacher. If the professional adaptation



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and creative ability of future teachers are studied from an acmeological perspective, the process of developing a mature teacher who meets the requirements of today's time, but also has deep previous knowledge, becoming a specialist in his work is a very complex pedagogical and psychological process.

The training of mature specialists who provide knowledge to the young generation remains an important priority issue. Even today, attention is paid to the issue of the teacher's constant work on himself and his search. Based on acmeological approaches, it requires a new method and everyone to follow their own directions to achieve the acme level of their activity and its realization.

B.G. Ananyev defined the place of acmeology as a person in the system of human sciences in his monograph "man as a subject of knowledge". He organized the first longitudinal studies on the development of adults under the influence of education, as well as on the development of adults and children through education. did This led to the creation of the acmeological theory of fundamental education.

It was in acmeology that education was considered for the first time as a self-organizing system that obeys the laws of self-realization of human natural potential in cultural products, provides the necessary neoplasms-spiritual products in a person. Pedagogical acmeology has become AK-meology of education, its task is to equip the subjects of the educational process with the theory and technologies of successful realization of the creative potential of a person in various spheres of activity, including the chosen profession.

The recognition of the universality of the Acme phenomenon underpins the understanding of the essence of educational acmeology as a science of the laws of peaking in the holistic development of a person, adult and growth, at each age stage and at each stage of continuous education. It is aimed at self-improvement in the environment, its development, moving the growing and adult from one peak to another, reaching acme at different levels of maturity, creativity, health, etc. Acmeology works as a theoretical and methodological approach aimed at the highest achievements in the holistic development of growing adults in the conditions of educational systems. Acmeological approach includes:

- 1) holistic study of growing and adults in the educational environment as a person, personality, individuality and subject of life;
- 2) creation of pedagogical conditions to encourage success, renewal of the need for achievements in subjects of the educational process, their striving for high results, creativity;
- 3) organization of creative creative activity as a changing educational space, organization of the intellectual and creative potential of each person;
- 4) assessment of the quality of education in terms of integral criteria of self-development and self-improvement of the teacher and student in synergistic educational systems: creative individuality as the highest level of holistic human development; health as an indispensable criterion of life
- 5) human forces; creativity as the highest level of human activity and independence; maturity as an integral criterion of the unity of development, education and upbringing at each age stage of growing human development; professionalism as the highest level of practical implementation of a person's important forces in his professional activity;



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A modern school, as V. N. Maksimova pointed out, needs a new type of teacher: a teacher-acmeologist, a specialist in child development in teaching the subject, able to use correction and development technologies and technologies for the development of talent and creativity and their effective application must be a capable person. He must have methodological culture and skills in accordance with the modern philosophy of education, not only traditional information-communication, but also necessary for the ability to work with a constantly growing flow of information. should also provide methodologically oriented education. The scientific and pedagogical competence of the teacher ensures the professionalism of his activity, which includes new types of professional literacy: methodological, subject development, psychological, valeological, acmeological.

Acmeological position is an indispensable indicator of the teacher's quality, the result of his self-improvement and self-development. This generally increases the quality of education, the pedagogical process and its results. Acmeological development of a teacher is his holistic professional development as a specialist, individual and spiritually mature person, this is self-improvement, self-development in professional and personal and spiritual plans, the teacher's professional self growth of self-awareness, reflection of pedagogical activity and professional behavior.

Another important aspect of the process of acmeological development of future teachers is the determination of the set of necessary conditions for the acquisition and full application of professional knowledge, skills and qualifications in the above-mentioned directions. Because a comfortable and purpose-oriented pedagogical environment facilitates the achievement of the intended result from the process.

Modernizing the modern educational content of training young teachers for the continuous education system in our country based on advanced foreign experiences, creating an educational environment aimed at creating the necessary conditions that allow students to realize their inner potential. is going In the Action Strategy for the further development of the Republic of Uzbekistan, priority tasks such as "further improvement of the continuous education system, increasing the possibilities of quality education services, continuing the policy of training highly qualified personnel in accordance with the modern needs of the labor market" are defined.

In recent years, interest in researching the issue of professional competence of specialists is growing. The diversity of views and opinions in this regard does not allow creating a systematized, unified conceptual model for this problem. must master such things as participation in ensuring the effectiveness of information technologies in an educational institution. Nowadays, it is clear to everyone that a person who has not mastered information technology cannot work not only in the field of education, but also in almost any field. A person is an active object and subject of the educational process, and his activity in the process of professional adaptation of future teachers is determined by his direction.

The acmeological approach to the analysis of the structure of innovative pedagogical activity allows to reveal the laws of the teacher's personality development in reaching the peak of his professional skills. B.G.Ananev, N.V.Kuzmina, A.A.Derkach and others think about the most creative periods of human life, stages of maturity, which are associated with increasing the efficiency of professional activity. They dealt with the issues of professionalism of mature



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people, psychological laws in the heyday of personality development, overcoming the heights of reaching professionalism. V. A. Slastenin substantiated the subjective and objective factors of acmeology that lead to high professionalism and a long creative life of a specialist. Objective factors include the quality of the education received, and subjective factors include a person's talent and ability, his responsibility in effectively solving production tasks, and his approach to specialists.

Today's teacher appears as the author, developer, researcher, user and promoter of pedagogical innovations, modern pedagogical technologies, theories, concepts. In the conditions of current society, culture and educational development, the need for teacher innovation activity is measured by the following:

- socio-economic renewal requires a fundamental renewal of the educational system, methodology and technology of the educational process. In such conditions, the teacher's innovative activity consists of creating, mastering and using pedagogical innovations;
- humanization of educational content requires constant search for new organizational forms and technologies of teaching;
- change in the nature of the teacher's attitude towards mastering pedagogical innovation and its implementation.

Acmeology focuses on the following categories: creative individuality, self-development and improvement, self-awareness, realization of one's potential. These concepts of acmeology form the basis of innovative pedagogy.

Creative individuality is manifested as the highest quality of professionalism. It contains personal categories:

- intellectual and creative initiative;
- intellectual ability, breadth and depth of knowledge;
- readiness for confrontations, tendency to creative dilemmas, ability to try internal creative struggle;
- thirst for information, professionalism, thirst for knowledge V.A. Slastenin defines the main tasks of realizing creative individualism as follows:
- enrichment of culture that has acquired a social essence;
- updating pedagogical process and personal knowledge;
- finding new technologies that set effective and relevant standards;
- to ensure a person's development based on self-determination and self-expression.

V.A.Slastenin substantiated the subjective and objective factors of acmeology that lead to high professionalism and a long creative life of a specialist. Objective factors include the quality of the education received, and subjective factors include a person's talent and ability, his responsibility to effectively solve production tasks, and his approach to specialists.

The following are indicated as factors for achieving high professionalism:

- talent badges;
- readability;
- ability;
- talent;
- conditions of family education;
- educational institution;



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#### • own behavior.

The most important aspect of acmeology is an important modern branch separated from the anthropology that deals with human problems, which studies the aspects of the motivation of a high profession to rise to a creative stage. to understand that it serves to strengthen the positive impact on the development, prosperity of the nation, well-being, and the economic, political, spiritual and legal aspects of social development, to use one's creative activity to fulfill one's duties and responsibilities in the field of profession, excellence and It consists of studying aspects of maturity in harmony with sciences.

According to the highlighted rules and basic laws of the acmeological theory of fundamental education, one of the distinctive features of the concept of expert competence is to increase the subject's role in social changes and to improve the ability to understand its dynamics.

This, in turn, determines the appropriateness of continuous education or "lifelong education" in improving the qualifications of a modern specialist in any field. This applies primarily to teachers of all levels, because their main professional task is to form the personal readiness and needs of students for personal and professional development that meets the requirements of the innovative development of the economy and society.

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