

THE EMERGENCE OF THE GAME OF VOLLEYBALL, THE HISTORY OF ITS DEVELOPMENT IN UZBEKISTAN AND KARAKALPAKSTAN

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Abstract:

This article is devoted to the emergence and development of volleyball. The game of volleyball emerged from the combined techniques of basketball, handball and baseball. In 1964, volleyball was included in the program of the Olympic Games in Tokyo.

Keywords: opponent, height, game, technique, basketball, handball, kick.

ВОЗНИКНОВЕНИЕ ИГРЫ ВОЛЕЙБОЛ, ИСТОРИЯ ЕЕ РАЗВИТИЯ В УЗБЕКИСТАНЕ И КАРАКАЛПАКСТАНЕ

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Аннотация:

Данная статья посвящена возникновению и развитию волейбола. Игра в волейбол появилась на основе комбинированной техники баскетбола, гандбола и бейсбола. В 1964 году волейбол был включен в программу Олимпийских игр в Токио.

Ключевые слова: противник, высота, игра, техника, баскетбол, гандбол, удар.

Introduction

Currently, volleyball is one of the most popular team sports in the world. Volleyball has existed since 1859 as a game for entertainment, and it quickly began to develop as a sport. The word volleyball comes from English, which means “volley” - volley and ball - ball.





In volleyball, two teams take seats in their respective halves of the field, divided in half by a net at a certain height. The team's main goal is to throw the ball into the opponent's zone over the net. The difficulty is that this should be done in such a way that it cannot be recaptured and sent back. Each team attack allows no more than 3 contacts with the ball. Volleyball is popular among both men and women.

The main advantage of volleyball, which has made it one of the most popular sports games all over the world, is the relative simplicity of the rules of the game. Dynamism, simplicity of equipment and equipment have become the foundation for the popularity of volleyball. The rules of the game have evolved over time, but the basic principles have been preserved from the early years of its existence.





Volleyball is one of the few Olympic sports in which history has preserved not only the exact year of birth, but also the name of the inventor. The history of volleyball dates back to 1895, when 25-year-old physical education teacher William Morgan from the town of Holisk, Massachusetts, Massachusetts hung a tennis net at a height of about two meters and invited his students to throw a basketball over it.

Initially, the number of players in teams, as well as the number of passes, were not limited in any way, and even Morgan called the game he invented not volleyball, but “mintonette.” Morgan’s invention did not have much in common with the modern sport, but this episode is considered the official starting point in the history of volleyball.

The further development of the game turned out to be rapid. Already in 1897, it received its current name - volleyball, and the first official rules were formulated. The game began to gain popularity all over the world, but its rules were still quite far from the current ones. And the approach of volleyball as a sport to a modern form occurred already in the second decade of the twentieth century. It was then that it was regulated that the number of players in one team should be exactly six, the height of the net should be 243 centimeters, and victory in the game began to be awarded after one of the teams scored 15 points.





And finally, in 1922, a rule was adopted that became the basis for modern volleyball. The number of touches of the ball by a team in one attack was limited to three.

The game of volleyball emerged from the combined technique of basketball, handball and baseball, and the first volleyball was nothing more than a basketball ball chamber. However, simultaneously with the popularization of volleyball, the ball for this game changed, becoming softer and lighter. The history of the volleyball begins in 1900. It was produced by the American company "Spalding" - almost 5 years after the game's inception in 1895.

Before World War II, international volleyball competitions did not have official status. In the second half of the 1920s, national federations of Bulgaria, the USSR, the USA and Japan appeared

In 1922, the first international competition was held in Brooklyn, it was a YMCA championship with the participation of 23 men's teams.

In 1925, the modern dimensions of the court were approved, as well as the size and weight of the volleyball ball. These rules were relevant for the countries of America, Africa and Europe.

In 1947, the International Volleyball Federation (FIVB) was founded. Members of the federation are: Belgium, Brazil, Hungary, Egypt, Italy, the Netherlands, Poland, Portugal, Romania, USA, Uruguay, France, Czechoslovakia and Yugoslavia.

In 1949, the first World Men's Championship took place in Prague. In 1957, at the 53rd session of the International Olympic Committee, volleyball was officially recognized as an Olympic sport, and seven years later its debut at the Games took place in Tokyo. The first Olympic champions were the national teams of the USSR among men and Japan among women.



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In international competitions in the 1960s and 1970s, the national teams of the USSR, Czechoslovakia, Poland, Romania, Bulgaria, and Japan achieved the greatest success. Since the 1990s, the list of the strongest teams has been supplemented by Brazil, the USA, Cuba, Italy, the Netherlands, and Yugoslavia. Since 2006, the FIVB has united 220 national volleyball federations, and the game is one of the most popular sports on Earth.

In the last decade of the twentieth century, a number of fundamental changes were made to the rules of volleyball. Since 1996, players have been allowed to touch the ball with any part of the body (including their feet); a year later, teams received the right to have a special defensive player on their roster - a libero.

And since 1998, the game in each game, except for a tiebreaker, is played up to 25 points scored by one of the teams, and points are awarded in each draw (and not only when the ball is won on one's serve, as was before). It was after this that the rules of volleyball finally acquired the form in which they exist now.



Thus, currently volleyball is one of the popular sports games all over the world. The path of volleyball to the Olympic program turned out to be quite long, but many matches played since then are rightfully included in the golden fund of Olympic history.



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