

ANALYSIS OF THE EFFECT OF INTOXICATION FROM ALCOHOL, DRUGS AND PSYCHOTROPIC SUBSTANCES ON DRIVING A MOTOR VEHICLE

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Abstract

Analyzes the negative consequences of drunk driving, psychophysiological conditions of drunk driving and the impact of traffic accidents on drunk driving. This study delves into the multifaceted repercussions of intoxication from alcohol, drugs, and psychotropic substances on the operation of motor vehicles. Through an extensive examination, it scrutinizes the various dimensions of impairment caused by these substances, encompassing cognitive, physiological, and behavioural aspects. The analysis includes an in-depth exploration of the risks posed to road safety, considering the influence of different substances on driving abilities. Additionally, the study investigates prevalent patterns of impairment, highlights existing regulations and interventions, and proposes potential strategies aimed at mitigating the dangers associated with driving under the influence. By amalgamating empirical evidence and existing literature, this comprehensive analysis aims to provide insights crucial for policymakers, law enforcement, healthcare professionals, and the general public in fostering safer road environments.

Keywords: traffic rules, drunkenness, transport, car, alcohol, passenger, psychotropic substances, driver, drugs, sobriety..

Introduction

Drunkenness is a special state of the human nervous system, which manifests itself as a result of the influence of alcohol or drugs. In this case, driving the car becomes difficult and even impossible. A person can lose control of the role, lose focus, lose connection with real life and time, and in many cases ignore roads and obstacles, not take into account the dimensions of his car, can easily exceed the permitted speed or go into the opposite direction of traffic [1-4].

Drunk driving endangers not only the driver and his passengers but also other road users. In the eyes of an intoxicated driver, the distance to the approaching obstacle (tree, pedestrian, car, etc.) seems to be about 30-35 meters, but in fact, this distance is 15-18 meters [5-9]. He thinks that he is reacting to the situation on the road immediately, in fact - he reacts with a considerable delay (although in complex situations even a fraction of a second can play an important role). The driver's inattentive state is not only dangerous due to poor reaction, inability to assess the situation adequately, and slow thinking [10-15]. By and large, this condition is typical of people who are awake but tired (or just exhausted). However, a tired or unhealthy person (for example, accidentally caught a cold) can understand that his options are limited, so it is necessary to either stop moving temporarily (for a short sleep or rest) or with extreme caution You have to continue. A drunk person does not have such a sense of responsibility, and besides, he is not afraid of anything, which is the reason for many serious accidents [16-21].



Taking even a small amount of alcohol causes disturbances in various systems of the body. A unique euphoria, relaxation and a non-critical assessment of the situation appear. For an ordinary pedestrian, mild intoxication is not as life-threatening as it is for a driver of a vehicle. The speed of movement of the car and its weight can have a negative impact on the physical health of the people around them and their lives. The probability of a driver hitting pedestrians even in a state of mild alcohol intoxication increases 10 times, the accident statistics increase with the participation of other cars [20-27]. Alcohol intoxication occurs after a person has consumed any amount of alcohol (including 1-2 sips of wine). Drunkenness is the body's reaction to alcohol contained in alcoholic beverages (vodka, wine, port wine, beer) [28-32].

After entering the stomach, alcohol is absorbed into the blood and absorbed into various human tissues and organs causing certain reactions in them. Ethyl alcohol reaches the highest concentration in the brain tissue, where the central part of the cerebral cortex, which responds to the physiological characteristics of a person, is damaged, not the peripheral sections. The effects of alcohol on the brain and nervous system are important to the driver, who is responsible for emergency assessment. Fast movement in a car requires a person to react quickly to all changes on the road, which is impossible even in the case of light intoxication [33-39].

Any amount of ethyl poison kills the cerebral cortex in different mass areas. Such a physiological reaction is explained by the disruption of blood supply to neurons. While a small amount of alcohol causes the death of a small number of brain cells, an increase in the amount expands the area of neuronal death in which brain control is completely or partially extinguished [38-42].

Symptoms of intoxication include lethargy, uncontrollable behaviour, unsteady gait, and slurred speech.

The analytical function of the brain weakens, information is not fully received, conclusions are drawn disconnected from existing knowledge and limited. All conditions and situations on the road are evaluated with difficulty and slowness. The driver is not allowed to drive the vehicle in this condition.

Use of drugs

Drug intoxication is a condition that occurs as a result of taking a non-therapeutic amount of drugs. When taking sleeping pills, tranquilizers, and cannabis, the appearance of the patient reminds one of alcohol intoxication to one degree or another (of course, without the smell of alcohol). It is possible to hide the first stage of intoxication, but it is impossible to hide the middle and upper stages [43-47].

As a result of being drunk under the influence of drugs, the level of workability decreases, the human will weakens, memory weakens, and conditions such as slowing down of attention, sleep disorders, and frightening dreams begin to appear. A person is always accompanied by a bad mood, anxiety and dizziness. This drunkenness leads to vices such as doubts, fear, and restlessness, and they lead to a clear state of mind.

Psychotropic substances

Psychotropic substances affect the human mind, causing a decrease in reaction speed, drowsiness, decreased concentration, etc. Neuroleptics, antidepressants, tranquilizers, lithium



drugs. Many sedatives and sleep-inducing drugs, even if they are taken in the evening, cannot predict how they will affect you in the morning. Unpleasant conditions usually pass within 1-2 days. Even after using an eye treatment containing atropine, it is impossible to drive for at least 2-3 days. In addition to traditional psychotropic substances, antihypertensives also affect slow thinking. Almost all antihistamines (anti-allergy medications) anti-motion sickness medications, and some cold medications, will have sleep-inducing additives. It is better not to take them before the direct path. Also, you should not take headache medications before and during the trip. Due to them, a decrease in the reaction can be observed.

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